

Every Day Effort Tracking

[illegible]

Goal:



A DREAM WRITTEN
DOWN WITH A DATE
BECOMES A **GOAL**.

A GOAL BROKEN
DOWN INTO STEPS
BECOMES A **PLAN**.

A PLAN BACKED BY
ACTION MAKES YOUR
DREAMS COME TRUE.

Milestones:

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Completion date



Milestone



Details of Action plan:

★	★	★	★	★	★	★